

The Magic of Golf

with *Thomas Crum and Eri Crum*

April 22-25, 2010

What would it be like to emerge from the confusion of endless golf tips into the realm of peak performance? Learn powerful skills to enhance your personal and professional life as you discover the true and joyful nature of the great game of golf.

Join Thomas Crum and Eri Crum in an atmosphere of mindfulness, learning, and inspiration, where you'll gain lifelong skills in self-coaching, relaxation and focus both on the golf course and off. This retreat will transform your game and transform your life. It will be held at the Gainey Ranch Golf Club, an award-winning 27-hole private golf club that offers unparalleled golf on three distinctive, championship 9-hole courses. The instructor/student ratio will be one coach for every four participants, up to a maximum of 16 participants. Come join us and experience the Magic of Golf! All levels of player from beginner to scratch are welcome!



WHEN: The **Magic of Golf** begins at 7 pm on **Thursday, April 22** and concludes at 3 pm on **Sunday, April 25**.

COURSES: Play will be on Gainey Ranch Golf Club's three distinctive, championship 9-hole courses: The Lakes, The Dunes and The Arroyo

COST: \$1395 per person. This includes your workshop fee, green and range fees, and breakfast and lunch on Friday, Saturday, and Sunday.

LODGING: There are distinctive choices for lodging available convenient to the Gainey Ranch Golf Club (lodging not included in cost of program). Please contact hotels directly for reservations. We recommend:

- The Gainey Suites Hotel - 480 922 6969 (www.GaineySuitesHotel.com)

SIGN UP: Registration is limited to 16 participants, accepted on a first come, first served basis. \$500 deposit will hold your space. Check, MasterCard, and Visa accepted. Balance of payment is due by April 1.

Thomas Crum

Thomas Crum is the author of *The Magic of Conflict* and *Journey to Center* (Simon and Schuster) and *Three Deep Breaths: Finding Power and Purpose in a Stressed-Out World* (Berrett and Koehler), and founder and president of Aiki Works, Inc. He has developed powerful technologies to turn conflict and stress into opportunities and a life of work into a work of art. Tom conducts trainings throughout the world for corporations as well as for government and educational institutions. He has been involved with the martial arts for most of his life and has taught Aikido, a graceful martial art which optimizes the use of energy, focus, and balance, for over two decades. Tom is a peak performance coach, working with both professional and amateur athletes. His popular Magic of Skiing program has brought skiers to Aspen for the past twenty years, and the Aspen Ski Company has adapted his program for use in their ski schools. A true golf devotee, he continues to pursue golf as a vehicle for freedom and fulfillment.

Eri Crum, D.C.

Eri graduated from Stanford University in 1998 with a degree in human biology. He was captain of the Stanford University Varsity Golf Team and former teammate of PGA tour players Tiger Woods, Notah Begay, Casey Martin, and Joel Kriebel. Two-time state of Colorado P.G.A. junior champion, Eri turned professional in the fall of 1998. He has taught golf at River Valley Ranch Golf Club and Aspen Golf Club in Colorado while playing mini tour events. Eri has a Master's Degree in Public Health and is a doctor of chiropractic in Boise, ID and co-founder of the Boise Spine Center. He is a certified golf fitness instructor with Titleist Performance Institute (TPI certified). By blending his knowledge of chiropractic with golf, Eri offers a unique expertise in the areas of golf biomechanics and golf-related exercise programs.

Maximum Joy, Minimum Struggle in Golf and in Life

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